

2019 Sports Medicine Summer Mentoring Camps

Registration Opens Soon

www.wcsportsmed.com



WEST COAST
SPORTS MEDICINE FOUNDATION

CAMP DATES (choose from these 2 weekend camps):

Camp 1: (2 day camp)

Saturday July 13, 2019 (9:00 to 5:00)

Sunday, July 14, 2019 (9:00 to 3:00)

Camp 2: (2 day camp)

Saturday, July 20, 2019 (9:00 to 5:00)

Sunday, July 21, 2019 (9:00 to 3:00)

Camp Location: MIRA COSTA HIGH SCHOOL Cafeteria at 1401 Artesia Blvd, Manhattan Beach, CA. 90266.

If you are interested in sports medicine, or any aspect of the medical field, this is the camp for you! Athletic Training and Sports Medicine is a rewarding and exciting career and we would like to expose you to the world of SPORTS MEDICINE. Students will learn about many aspects and careers in the health care and sports medicine field.

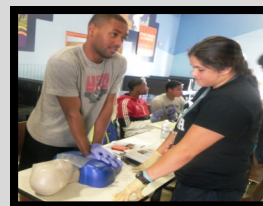
The Team to Win **FREE** Sports Medicine Mentoring Program provides students with a basic knowledge of sports medicine. Free CPR and First Aid Certification. This program will enhance your resume and provide you access to

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The camp is taught in a fun, relaxed, and challenging environment. Certified Athletic Trainers from TEAM TO WIN are the instructors for this exciting weekend sports medicine camp. Following are a list of topics included in the summer program.

- ◆ Human Anatomy
- ◆ CPR & First Aid Certification
- ◆ Injury Recognition
- ◆ Injury Prevention
- ◆ Injury Rehabilitation
- ◆ Nutrition for Athletes
- ◆ Careers in Sports Medicine
- ◆ College Options -Sports Medicine
- ◆ Guest Speakers
- ◆ Equipment Fitting, emergency splinting
- ◆ Taping and Bracing
- ◆ Managing Emergency Situations
- ◆ Sideline Readiness
- ◆ Wound Care
- ◆ Concussion Awareness
- ◆ Hydration and Heat Illness
- ◆ Stretching and Flexibility
- ◆ Certificate of Completion
- ◆ And much more.....



The WCSMF is a non profit 501 C3—Tax ID # 95-4497009

West Coast Sports Medicine Foundation
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